



APP-4 (9789889095 | PCH65916)
6 years / Male

Rx Date
05/06/2020

Vitals

Weight:27.5 kg
BMI :36.87kg/m2

Height :86cm

Assessment Report

Treatment History:
Surgery History:
Personal/Medical History:

Family History

Alcohol Consumption: Non Drinker
Physical Activity: Athletic

Smoking Habits: Never smoked tobacco (finding)
Food Preference: Non-Vegetarian

Prescription

Medicine	Frequency	Duration	When To Take
▶ TAB ATESTIN 20MG	1 - 9 - 1	10 Day(s)	3 Times before food (Notes : cv)

Lab Test

05/06/2020

 Blood

Exercise

Suggested Exercise:
Duration/ Week: 200 mins
Suggested Days: Mon, Tue, Wed, Thu
Expected Benefits:
"Improvement in lipids,Reduce risk of CVD,Weight maintenance
Doctor's Instruction:
Exercise Instructions Exercise Instructions Exercise Instructions Exercise Instructions

Plan Duration: 90 Days
Daily/ Day: 50 mins

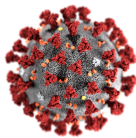
Diet

Plan Duration: - Suggested Kcal Intake: 2000

Time	Food	Serving	Instruction
10:45 AM	yfhgf	hgfjhgf Per day	jhgfgjh
10:45 AM	yfhgf	hgfjhgf Per day	jhgfgjh
10:45 AM	yfhgf	hgfjhgf Per day	jhgfgjh
10:45 AM	yfhgf	hgfjhgf Per day	jhgfgjh
10:45 AM	yfhgf	hgfjhgf Per day	jhgfgjh



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doctorAdharsh MBBS
FRCS
9876543219